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Global Sufi Community Celebrates the 50th Anniversary of the Appointment of Sufi Master on the Eve of International Day of Charity

September 4th, 2020 - (London, UK) M.T.O. Shahmaghsoudi[®] <u>School of Islamic Sufism</u>[®] celebrates 50 years since the appointment of Sufi Master Professor Nader Angha across 50 cities in Asia Pacific, Europe and North America. The occasion, which falls on the eve of International Day of Charity, will see the global Sufi community donating essentials to those in need.

While M.T.O. students remain unable to congregate and celebrate this holy occasion which falls on the eve International Day of Charity, together, they continue their efforts through the <u>M.T.O. Covid19</u> <u>Response</u> initiatives, by providing supplies, PPEs and other donations to various groups, especially the youth and key workers. As schools around the world look to reopen in September, many children remain anxious about an uncertain future. The purpose of this initiative is to give children and key workers a sense of empowerment during this otherwise stressful period.

M.T.O. Shahmaghsoudi[®] dates back 1,400 years ago to the time of the Holy Prophet Mohammad (PBUH) and the founder of the school, Oveys Gharani. The knowledge and practices of the school have been handed down through an unbroken succession of 42 masters, from Oveys Gharani to Professor Nader Angha.

Under Professor Nader Angha's tutelage, the school has expanded across six continents with over 1 million students and has <u>published</u> numerous scientific, spiritual, and educational books surrounding the topic of Sufism. Among multiple other projects, he has also universalized the art of Sufi meditation and concentration (Tamarkoz®); created live public webcasts entitled *Lectures on Sufism* that have had millions of viewers; and organized a variety of charitable initiatives focused on disaster relief, homelessness, youth support; Sufi Psychology, interfaith programs, arts and culture.

Since the start of the COVID19 pandemic, M.T.O. volunteers from across the world have engaged in a range of programs including making and delivering thousands of personal protective equipment products for healthcare and senior center frontline professionals. These efforts have also included large-scale food drives for homeless and low-income families as well as providing face coverings and school supplies for children. Furthermore, M.T.O. has been offering free daily <u>Tamarkoz®</u> meditation and relaxation <u>Instagram Live</u> sessions to help people around the globe cope with the current crisis.

"Celebrating International Day of Charity by helping one another in these historic times is more important than ever. For our Sufi community, this weekend is even more special because of the 50th anniversary of the appointment of Professor Nader Angha, who has continuously shown us and millions of others the true meaning of love, devotion and unity for over five decades." Omid Asgari - M.T.O. London

For more information on M.T.O. Shahmaghsoudi[®] COVID-19 response efforts or how you can help, please visit: <u>mtocharity.org</u>.